WONDERBLOOM NATURE PLAYSCHOOL

PARENT HANDBOOK SUMMER 2021

updated 6/07/21, SS
CONTACT INFORMATION

Location: Cathedral Church of St. Mark - NE entrance
231 E 100S
Salt Lake City, UT 84111

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Philosophy

Wonderbloom Nature Playschool is the first nature-based preschool in Salt Lake City. We were inspired by the philosophy of European "Forest Schools," where children spend most of their school time in the outdoors -- learning through interaction with nature. Nature-based learning is increasing in popularity throughout the United States because these types of schools have many benefits - some of which include: reducing obesity, protecting psychological well-being, increasing cognitive skills, increasing positive social skills, and increasing positive attitudes toward nature and the environment. We take a holistic approach to learning by focusing on Mind (developmentally-appropriate school readiness), Body (yoga and nutrition), and Soul (relationships with each other and nature).

History

Several years ago, Dr. Stone learned about the nature-schooling movement when reading about educational styles that had the most positive benefits for children. She became convinced that there was a better way to promote development and learning in young children, and it included rethinking the traditional indoor classroom setting. Stone set out to enroll her own children in a nature preschool, but was shocked to find there were no year-round, nature-focused programs in Salt Lake City. This commitment to her children's education compelled Stone to find a way to bring this ground-breaking methodology to Salt Lake City. Combining her PhD in early childhood development with her 16 years of preschool teaching experience, Dr. Stone established a high-quality early childhood program. She opened Wee Humans in 2017 and converted it to an expanded nonprofit called Wonderbloom in Fall of 2018.
Dr. Sarah Stone – Founder and Exec. Director

Sarah, the founder and Director of Wonderbloom, has a PhD in early childhood development and has spent over 16 years teaching and supervising early childhood programs including Parents As Teachers and Early Head Start. In addition, Sarah has trained in nature-based education approaches. She has incorporated her extensive knowledge of early childhood development with principles of nature-based learning to create the underlying philosophy and structure of Wonderbloom.

Melissa West - Director

Valuing imagination and creativity, nature-based learning and curiosity, Melissa brings 15 years of experience in education and administration. Motivated by nature’s ability to promote an unhurried childhood, Melissa left private school teaching to educate children in more natural settings. She created and led multiple nature-based education co-ops in Maryland. Melissa excels at energizing others, turning plans into action, and authentic connection while leading and teaching. Melissa has 4 children that love to explore and go on adventures with her!

Bri Matthews - Early Childhood Educator

Born and raised in the beautiful mountains of Jackson Hole, Wyoming, Bri learned to love and appreciate the outdoors because her parents encouraged her to explore outside as much as they could. Bri studied environmental studies and education studies at Ithaca College where she graduated in 2018. Her experiences in the environmental and education departments helped her realize that she wanted to pursue a career in environmental education. Bri has been in Salt Lake for just over a year and is in love so far. When she is not working, Bri enjoys playing outside, catching early trams, hiking in the mountains, and traveling all over the world.

Auriana (Ana) Flinders - Early Childhood Educator

Ana grew up in Spanish Fork, Utah and she claims that the mountains raised her as any free-time she had was spent outdoors with friends and family. She graduated from the UofU in 2020 with a degree in Family, Community, and Human Development with an emphasis on Child Life. She has always felt strongly connected to two things: children’s development and nature. She has great passion for the environment and shares that with the children of Wonderbloom.
Rebecca (Becca) Maxwell - Early Childhood Educator
Becca loves being on the farm in Wisconsin where she was born and raised, but loves to travel, and has explored the U.S. and several European countries. Becca ran Cross Country in college while studying Enviro Science, then traveled up the North Shore of Lake Superior where she received a graduate degree in Enviro Education and Sustainability at Wolf Ridge Enviro Learning Center while teaching children from all over the Midwest. She can be found carving wood, knitting, or taking photos most days and loves animals. Becca’s passion is to bring excitement and a new perspective to place-based, immersed learning environments!

Tenisha Anderson - Early Childhood Educator
Tenisha has a passion for seeing children thrive in their own element driven by being outside and exploring everything around them. She has joined Wonderbloom in hopes to help curiosities bloom and to foster a connection with each other, themselves and our ecosystem. Tenisha has Montessori experience, is trained in social emotional competence and inclusion and has her Forest School Leader Training Certificate. She will use her expertise as an urban farmer running an urban garden as well as a community garden at her local mosque, to help our students in the garden! She moved here from Colorado in December 2020 with her family.

Daily Schedule
8:30 Drop off for Full Day and AM students
8:30 Sensory Activities
8:45 Homesteading
9:00 Yoga and mindfulness
9:15 Circle Time
9:30 Art and Free Play
10:00 Gross Motor Activity
10:15 Snack provided
10:45 Guided Exploration
11:00 Circle Time
11:30 Pick Up for AM students
12:30 Drop Off for PM students
12:15 Lunchtime for Full Day
12:45 Nap/rest time for Full Day or
12:45 Sensory Activities
1:00 Homesteading
1:15 Yoga and mindfulness
1:30 Art
1:45 Free Play
2:00 Gross Motor Activity
2:15 Snack provided
2:45 Guided Exploration
3:15 Free Play
3:30 Pick up for Full Day and PM students

We are closed on July 5 and 23. We are closed every Friday at 11:30am.
Lesson Plans
Your child’s classroom schedule and lesson plans are posted on Brightwheel. Please note when your child will be doing certain activities. This will enable you to follow-up with your child regarding what they did at camp.

Drop-Off and Pick-Up Procedures
Children may be dropped off by anyone, but must be picked up by an authorized individual as indicated on the child’s enrollment form. Individuals may be required to show photo identification before the school releases a child. It is mandatory that you sign your child in/out of the program on the Brightwheel app each day. Our staff assumes responsibility for your child once they are signed into the program.

Drop-Off Procedure
A. Enter parking lot from 100 S.
B. Park in designated spots in rear of building (North lot)
C. Come to the Northeast doors; check in begins at 8:20 am (AM and FULL DAY Students) or 12:20 am (PM students).

D. **Check in will cease promptly at 8:40 and 12:40, respectively.** No check-in after these times unless you have been approved in advance by the director. See below.

E. While covid is still a pandemic, parents and children 3 yrs and up must maintain social distancing and wear masks during drop off. The ground is marked with Yellow tape for where to stand.

F. Parent/Guardians take child(ren) to the bathroom and wash their hands with soap, even if they don’t need to use the toilet. Then they say goodbye and send the child outside.

**Pick-Up Procedure**

A. Enter parking lot from 100 S

B. Line up at the exterior north gate and maintain social distancing and wear masks.

C. Staff will bring children to the gate and sign out your child with your verbal authorization.

D. Exit from Parking lot onto 200 E. Late pick-up fees will begin promptly at 11:35am or 3:35pm

**Late Arrival & Late Pick-up**

Drop-off/Check-in will end promptly at 8:40 am and 12:40 am, respectively. If you contact the director via Brightwheel in advance, we can make exceptions for extenuating circumstances such as a Dr. appointment or car trouble. If you are late for pick-up, the staff may become anxious, because they have other duties to attend to and need to prepare for other arriving children or to close the school at the end of the day. Additionally, if you are late, your child may feel worried and uncomfortable. **Early arrival and late pick-up will result in a $1.00 per minute fee after an initial warning message.** In the event that a child has not been picked up 10 minutes after the end of class, we will call you. If we are unsuccessful, we will call your emergency contacts.

**Authorization to Release Child**

We will only release your child to those individuals listed on the application and we may ask for ID. **We will NOT release a child without written permission - or verbal permission in the case of emergency.** To verify your identity over the phone, staff will call your number listed on the Child Information Form.

**Legal Custody**

The center cannot refuse to release a child to the child’s parent or legal guardian who has or shares legal custody of the child. In most cases, both parents have equal custody rights, unless a court or valid written separation agreement proves otherwise. If you are experiencing custody difficulties we strongly urge you to keep the center’s director fully advised of circumstances that affect your child and their drop off and pick-up routines at the center.

**Communication**

Parents are expected to contact the teachers or Director with any questions or concerns immediately as they arise. Parents must have a working email address, phone number, and the Brightwheel app downloaded. Sharing information is not always easy since parents and teachers are busy. If you have a concern or special insight that would help us with your child, please make an effort to visit with your child’s teacher, call and leave a message, or message us on Brightwheel. This will make things go smoother for your child, you, and the school. Communication is a critical component of a quality program. Please watch for announcements through:

- Brightwheel

**Behavior**
**Discipline/Behavior Guidance**

The word ‘discipline’ comes from the Latin word “diciplina” which means instruction or teaching. Positive guidance is rooted in teaching appropriate behaviors to children and helping them understand the consequences of their actions. We proactively teach consequences of actions and empathy for others. We help the child communicate all emotions and redirect the child to another activity when there is a conflict. If a child is harming him/herself or other children, we will immediately remove the child from the situation. In order to keep a child from hurting themselves or others, we may need to use physical interventions, such as momentarily restraining a child.

**Aggressive Behavior Policy**

At Wonderbloom we strive for an inclusive, learning environment for all children. There are times when children hit, bite, or throw things because they have a lot of emotion and that might be the only way for them to express it. We understand that children are learning boundaries with others and we regularly model appropriate behavior and redirect these misguided behaviors. There may be times that a child is overtly aggressive toward staff or other children that are outside the norm. In order to proactively address these instances and to keep others safe, we will take the following steps:

1. The first instance of an overtly aggressive behavior (causing an injury with a mark on themselves or others, destroying property or an uncontrolled verbal attack), we will alert the parent in writing.
2. After the second instance, we will alert the parent in writing and schedule a parent/teacher conference where we will create an action plan.
3. After the third incident, we will alert the parent in writing, schedule a parent teacher conference and provide referrals for outside services. The child will be placed on temporary leave. The parent has 30 days to contact resources, schedule appointments and follow up with Wonderbloom. We will not charge tuition during this 30 day period. After 30 days or after resources have provided feedback (whichever is sooner), we will hold a parent teacher conference to decide next steps. We may choose to enact a new action plan, which may include an aide for the child. Conversely, we may decide it is best for the child to seek care elsewhere.
4. If after implementing the action plan from the resource/referral service, if there are three more instances of aggressive behavior care will be terminated without the current month’s refund.

**Comfort Corner and Transitional Objects**

We know that school can be a worrisome place for children if they are not used to the environment without their parent/guardian present. We have a Comfort Corner set up, which is a place – away from the group – where they can take a moment to calm. In addition, it is normal for children at this age to attach to a special item (blanket, stuffed toy, pacifier – also known as a transitional object). This object is welcome at school, but it must be labeled with the child’s first and last name and it must stay in their cubby or Comfort Corner during school hours. It is not the responsibility of the staff or school to keep track of the transitional item. Therefore, it is possible that it could get lost, broken, or played with by other children.

**Health**

Wonderbloom Nature Playschool Parent Handbook

www.wonderbloom.org
**Clothing**
Wonderbloom Nature Playschool is based in an outdoor classroom. As often as possible, we will be outdoors - all year round - in rain, snow, or shine. Dress your child appropriately for the weather (check the forecast before school). Please dress your child in comfortable clothing that can get dirty or wet. Please pull hair back out of the child’s eyes. No jewelry is allowed. Some clothing will need to be left at the center. Please refer to ‘What to Bring to School’ section.

**Nutrition**
We are acutely aware that during these early childhood ages, children’s bodies and brains are growing exponentially. We have planned nutritious snacks for your child each day. We use locally-sourced and organic ingredients as much as possible. We feed children a variety of tastes and textures. It is important that you prepare your child(ren) each day for the menu. We respect children’s preferences and choices, but we encourage them to try foods they may be wary of. Research shows that children are likely to refuse a food up to 15 times before finally trying it. We will continually keep presenting them with a variety of healthy foods and we hope you do too! Please alert the center if your child has any allergies.

**Handwashing**
Handwashing is the most effective way to inhibit the spread of germs. We have your children wash hands upon arrival, after coming in for snack, and after snack.

**Illness**
We would like to reduce the spread of illness, so please keep your child home if they are ill. Your child is welcome back to school if they meet the following criteria for at least 24 hours or have been on medication for at least 24 hours:
- No green or yellow mucus
- No fever above 102 degrees without the use of fever-reducing medicine
- No vomiting
- No diarrhea
- No persistent cough that interferes with breathing or regular physical activity
We reserve the right to send any child home if they are exhibiting any of those symptoms.

**Air Quality/ Extreme Weather**
We have an air pollution sensor in our outdoor classroom. We check it at the beginning and middle of each day, or more often if the forecast warrants it. You can check it too at [https://www.purpleair.com/map?opt=1/mAQI/a10/cC0&select=48005#13.01/40.76771/-111.87346](https://www.purpleair.com/map?opt=1/mAQI/a10/cC0&select=48005#13.01/40.76771/-111.87346). For Green and Yellow air quality, we will have outdoor activity as usual. For Orange air quality, we restrict outdoor activity to under one hour. For Red air quality and above, we will keep children indoors. We follow the guidelines from [https://www.ok.gov/health2/documents/weatherwatchforchildren2.pdf](https://www.ok.gov/health2/documents/weatherwatchforchildren2.pdf) to know if the temperatures are safe for children to play outdoors. We may limit outdoor learning when temperatures are below 30 degrees and above 90 degrees (in the shade). Teachers are trained to pay attention to the weather and signs from the children to make sure children stay safe outdoors.

**Medication**
Staff may dispense over-the-counter or prescription medications provided by parents for their children. Prescriptions should be current and clearly labeled with the child’s name as well as in the original container with the pharmacy label. Medicine will be given only if parents/guardians also provide a signed Medication
Administration form. Please do not leave medication in bags from home; give them directly to staff members. Medication Request forms are available in the Director’s office at all times. **Sunsunecn should be applied before school.** Staff will apply sunscreen once during class time if needed.

**Immunizations**
If you choose to immunize, your child must be up-to-date on immunizations as required by the Utah Department of Human Services prior to enrollment at Wonderbloom. After admission, you are responsible for regularly updating your child’s health files to reflect current immunizations. If you opt out of having your child immunized or are on a delayed schedule, we must have an exemption form from the Department of Health.

**Toilet Competence**
We accept children that are not yet competent using the toilet. We believe that children need individualized approaches when learning how to use the toilet. Therefore, we don’t require toilet competence or push it. We will give opportunities for your child to use the toilet throughout the day, but if your child is not yet competent, please send them in a diaper or pull-up.

**Safety**
Please refer to Wonderbloom’s Health and Safety Plan on our website for detailed information about child supervision, health, safety, and emergency procedures.

**Incident Report**
Every effort is made to keep your child safe; however, children are likely to acquire bumps, bruises, and scratches during their early years. We will fill out an incident report for each incident, accident, or injury. The report is initially completed by the teacher, then signed by the Director and parent/guardian upon pick-up. If the injury is serious, you will be notified by phone. If, in the opinion of Wonderbloom staff on duty, the injury warrants emergency treatment, an ambulance will be called and your child will be taken to the nearest medical facility. You will then be notified immediately. Parents/guardian will be responsible for any costs incurred due to any emergency treatment.

**Access to building**
The school is housed in the Cathedral Church of St. Mark. Much of the building is used for purposes other than the school. Therefore, parents/guardians or visitors are not allowed to access areas other than those used by the school. In return, those working in or visiting the church will not have unaccompanied access to the preschool unless they have passed the Childcare Licensing background check and are approved by the director. Doors to the school are locked at all times and there are security cameras around the premises. If you are accessing the school outside of the drop-off and pick-up times, please ring the white doorbell at one of the school entrances.

**Background checks/Name tag**
Those who work in the building both with the church and the school have current background checks. Law enforcement personnel, DCFS, or licensing are exempt as long as they have correct identification.

**Diversity/Inclusion**
We welcome every opportunity to expand the children’s view of the world as a place rich in many cultures, races, religions and customs. Wonderbloom Nature Playschool is open to all families, regardless of ethnicity, religion ability, and sexual orientation. We will work with families to provide an inclusive preschool environment for all children. Diversity extends to the family structure as well, and we are committed to the philosophy of treating all
family situations equally and without bias. Though we rent space from the Cathedral Church of St. Mark, we are not affiliated with the church or the Episcopal Diocese of Utah. Wonderbloom is a non-denominational program; therefore, religious holidays are not celebrated specifically, but we may celebrate the spirit and intention of the holiday (ie: during Christmastime we will celebrate generosity). We encourage you to share your family’s traditions with our children and staff.

**Holidays**

Holidays are a joyous time for celebration. Rather than celebrating the traditional American holidays (Halloween, Christmas, etc), we will focus on the seasons and celebrate the changes we see in nature. We respect children’s enthusiasm for sharing their thoughts with us about holidays, but we will not explicitly promote any specific holiday.

**Birthdays**

Birthdays are a wonderful milestone for children and we will find a special time either on or around your child’s birthday to celebrate them as an individual. Parents are welcome that day and if you want to bring something to give to the class, please consider a hand-drawn picture or craft, rather than edible treats.

**Special Needs**

Some children have special needs that require unique adaptation or attention by staff and teachers. We welcome children with all abilities, backgrounds, and medical situations. There is accessible parking, doors, and bathrooms for the school. If your child has special needs or circumstances, please consult with the Director in order to construct an individualized care plan. If the care your child needs warrants regular, one-on-one help from an adult, the parent will be asked to pay a fee to cover the cost of extra staff.

**Confidentiality**

All records provided regarding your child and family are confidential. We also ask that you respect this confidentiality by not asking staff to discuss your child or other children outside of the center. The staff at Wonderbloom understand the importance of this policy and feel uncomfortable when asked to discuss confidential issues concerning children in the program. We encourage you to bring up child and center issues with the Center Director. Exceptions to the confidentiality rule are emergency personnel or Utah Childcare Licensing.

**Grievance and Dismissal**

Wonderbloom administration and staff are committed to maintaining an open door, open-forum approach to problem solving and conflict resolution. If a family has a concern regarding the behavior of a teacher, the concern should be discussed with the director. If a family has a concern regarding the behavior of the director, they should speak directly to the director. If they feel their concerns still have not adequately been addressed, they should present their grievance in writing to the Board of Directors. The Board will respond in writing to the parents and schedule a meeting, if necessary. If there is a family or child that is a concern to the program, we will do our best to discuss and solve concerns with the family through phone calls, emails, or in-person meetings. If, at any time, in the opinion of the Director of Wonderbloom, continued enrollment of a child in the program is deemed detrimental to the child’s health, progress, or to other children’s health or progress, or for any other reason in the discretion of the director, he/she may be dismissed from the program, with a refund according to the refund policy.

**What to Bring to School during Orientation:**

Required - These will stay at school for the length of enrollment:

- Sunscreen
- Sun Hat (Such as this.)
- Diapers & Wipes - if needed
- If Full Day and napping, sheet (crib size) and light blanket. Pillow and stuffy optional.
- Medications - if needed
- Family picture
- Extra change of clothes (shorts, shirt, underwear) in a gallon size ziploc bag, with another empty, labeled ziploc bag inside for sending soiled clothes home.
- **LABEL EVERYTHING WITH FIRST AND LAST NAME**

What to Bring to School Each Day:

- **Dressed for the weather.** *We recommend UV protective clothing such as a long sleeve sun shirt and board shorts as they help keep the child safe from the sun and they dry quicker than regular clothes when we play in the mud and water. Wear shoes that won’t slip off and are waterproof. On a rainy day, Raincoat, rainboots, waterproof suit or pants. Use code “Wonderbloom” for 20% off and free shipping at Oaki.com*
- **Plastic or metal water bottle** (that won’t spill when tipped), already filled with water, labeled with child’s first and last name.
- **Lunch, if Full Day.** *The lunchbox needs to be smaller than 9 x 6 x 3 in order to fit in the cubby. Here is a great option with a built in ice pack. Please only pack things that your child can open themselves. Better yet, open those and place them directly in the lunch box. Children have trouble with things like yogurt packs, chip bags, and candy wrappers.*
- **Transitional object, if needed.** *Must not be a choking hazard, so no smaller than a large marshmallow.*
- **No bags or backpacks -** We have limited storage space in their cubbies and there is no room for a backpack.